

Welcome to our practice. Our goal is to provide you or your child with the highest quality of care. The first step is to learn all we can about your medical history. Please assist us by taking a few minutes to complete the following 2 pages. Our staff would be glad to assist you if needed. The care we give you can be no better than the information you provide.

Patient Name: _____ DOB: _____ Date: _____

Who Referred you to us? Primary Physician Other Physician(s) Friend/Family Name: _____

Main Reason For Visit: Briefly describe _____

How Long have the symptoms been present? _____

What makes it better or worse? _____

Have you taken any medications for this condition? Yes No If Yes, what kind? _____

How often do you have these symptoms? _____

| Medication Allergies | Type of Reaction | Medication Allergies | Type of Reaction |
|----------------------|------------------|----------------------|------------------|
| | | | |
| | | | |

Have you ever had an allergy test? Yes No

Have you ever taken allergy shots? Yes No

If yes, are you still taking them? Yes No How much relief from shots? minimal partial significant

LIST ALL MEDICATIONS YOU ARE TAKING (Prescription, over-the-counter or herbal) None

| Medication | Dosage | How often taken | Medication | Dosage | How often taken |
|------------|--------|-----------------|------------|--------|-----------------|
| | | | | | |
| | | | | | |
| | | | | | |

Pharmacy Name (Include Address &/or Phone) _____

MEDICAL / SURGICAL HISTORY: HAVE YOU EVER BEEN DIAGNOSED WITH ANY OF THE FOLLOWING?

No Past Medical History

- | | | | | | |
|---------------------------------------|------------------------------|-------------------------------------|------------------------------|---------------------------------|------------------------------|
| Cardiovascular: | <input type="checkbox"/> Yes | Nasal allergies | <input type="checkbox"/> Yes | Neurologic: | <input type="checkbox"/> Yes |
| Coronary Artery Disease | <input type="checkbox"/> Yes | Recurrent tonsillitis | <input type="checkbox"/> Yes | Migraine | <input type="checkbox"/> Yes |
| Elevated cholesterol (hyperlipidemia) | <input type="checkbox"/> Yes | Tinnitus | <input type="checkbox"/> Yes | Obstetric: | |
| High Blood Pressure (hypertension) | <input type="checkbox"/> Yes | Vertigo | <input type="checkbox"/> Yes | Pregnancy Date(s): _____ | <input type="checkbox"/> Yes |
| Gastrointestinal: | | Hematologic : | | Psychiatric: | |
| Hepatitis | <input type="checkbox"/> Yes | Anemia | <input type="checkbox"/> Yes | Adjustment Disorder - Anxiety | <input type="checkbox"/> Yes |
| Hernia | <input type="checkbox"/> Yes | Immunologic: | | Major Depression | <input type="checkbox"/> Yes |
| Gastroesophageal Reflux | <input type="checkbox"/> Yes | Allergies Type: _____ | <input type="checkbox"/> Yes | Pulmonary: | |
| Genitourinary: | | Food Allergies Type: _____ | <input type="checkbox"/> Yes | Asthma | <input type="checkbox"/> Yes |
| Prostate enlargement (Prostatitis) | <input type="checkbox"/> Yes | HIV / AIDS | <input type="checkbox"/> Yes | COPD/Emphysema | <input type="checkbox"/> Yes |
| Kidney Stones (Nephrolithiasis) | <input type="checkbox"/> Yes | Infectious Disease: | | Sleep Apnea | <input type="checkbox"/> Yes |
| Acute Renal Failure | <input type="checkbox"/> Yes | Mononucleosis | <input type="checkbox"/> Yes | Tuberculosis | <input type="checkbox"/> Yes |
| Ear / Nose / Throat: (HEENT) | | STD Type: _____ | <input type="checkbox"/> Yes | Miscellaneous: | |
| Cataracts | <input type="checkbox"/> Yes | Metabolic/endocrine: | | Anesthesia Reaction | <input type="checkbox"/> Yes |
| Glaucoma | <input type="checkbox"/> Yes | Diabetes Type: _____ | <input type="checkbox"/> Yes | Miscellaneous PEDIATRIC: | |
| Chronic ear infections (otitis media) | <input type="checkbox"/> Yes | Thyroid deficiency (hypothyroidism) | <input type="checkbox"/> Yes | Complications during Pregnancy | <input type="checkbox"/> Yes |
| Hearing loss | <input type="checkbox"/> Yes | Thyroid excess (hyperthyroidism) | <input type="checkbox"/> Yes | Complications during Delivery | <input type="checkbox"/> Yes |
| Sinus problems (chronic sinusitis) | <input type="checkbox"/> Yes | Neoplastic: | | NICU stay >48hrs: _____ | <input type="checkbox"/> Yes |
| Nasal polyps | <input type="checkbox"/> Yes | Cancer Type: _____ | <input type="checkbox"/> Yes | Preterm birth | <input type="checkbox"/> Yes |

SURGICAL HISTORY: HAVE YOU EVER HAD ANY OF THE FOLLOWING SURGERIES?

- | | | | |
|-------------------|------------------------------|-------------------|------------------------------|
| Tonsillectomy | <input type="checkbox"/> Yes | Palate Surgery | <input type="checkbox"/> Yes |
| Adenoidectomy | <input type="checkbox"/> Yes | Heart Bypass | <input type="checkbox"/> Yes |
| Ear Tubes | <input type="checkbox"/> Yes | Heart Stent | <input type="checkbox"/> Yes |
| Nasal Septoplasty | <input type="checkbox"/> Yes | Pacemaker Surgery | <input type="checkbox"/> Yes |
| Sinus Surgery | <input type="checkbox"/> Yes | | |
| Mastoid Surgery | <input type="checkbox"/> Yes | | |

Please List Any Other Surgeries

FAMILY HISTORY:

- | | | | |
|-------------------------------|------------------------------|--------------------------|------------------------------|
| Hearing deficiency | <input type="checkbox"/> Yes | Seizure disorder | <input type="checkbox"/> Yes |
| Hyperlipidemia | <input type="checkbox"/> Yes | High Blood Pressure | <input type="checkbox"/> Yes |
| Allergies | <input type="checkbox"/> Yes | Irritable Bowel Syndrome | <input type="checkbox"/> Yes |
| Asthma | <input type="checkbox"/> Yes | Migraines | <input type="checkbox"/> Yes |
| Blood disease | <input type="checkbox"/> Yes | Osteoarthritis | <input type="checkbox"/> Yes |
| CAD (Coronary Artery Disease) | <input type="checkbox"/> Yes | Osteoporosis | <input type="checkbox"/> Yes |
| Cancer Type: _____ | <input type="checkbox"/> Yes | Kidney disease | <input type="checkbox"/> Yes |
| CVA (Stroke) | <input type="checkbox"/> Yes | Eczema | <input type="checkbox"/> Yes |
| Diabetes | <input type="checkbox"/> Yes | Other: _____ | |

- Tobacco Use?** Yes No Former
If Yes, What Kind? Cigarettes Cigars Pipe Oral _____ packs/cans per day _____ Yrs of Using
Do you consume alcohol? Yes No Former _____ drinks per week (average)
Exposed to second hand smoke? Yes No
Caffeine Consumption? Yes No **Which type?** Coffee / Tea / Colas **How many per day?** _____

REVIEW OF SYSTEMS: Check any of the following problems you have recently had:

General health problems

- fatigue fever night sweats unintentional weight loss sleeping problems weight gain

Eye problems

- double vision itchy eyes swelling redness

Ear problems

- ear drainage hearing loss ear infections dizziness itchy noise exposure ringing /noise in ears ear pain tinnitus

Nose & Sinus problems

- chronic congestion mouth breathing nosebleeds frequent sneezing runny nose post-nasal drip

Mouth & Throat problems

- difficulty swallowing snoring sore throat hoarseness sores in mouth ulcers

Heart or circulation problems

- heart murmur leg cramping swelling of ankles chest pain blacking out irregular heartbeat

Lung or respiratory problems

- shortness of breath wheezing cough

Stomach problems

- abdominal pain diarrhea heartburn nausea vomiting

Brain or Nervous system problems

- headache seizures weakness numbness facial pain

Glands & Hormone problems

- intolerance to heat increased appetite neck enlargement intolerance to cold

Blood or Lymph nodes problems

- bleeds excessively after injury bruises easily

Allergy problems

- food intolerances insect bites

Skin

- rash itchy latex allergies swelling urticaria / hives

| EXAM | DO NOT WRITE IN THIS SECTION | | | | FOR STAFF USE ONLY | |
|-------------------------------------|------------------------------|------|----|----|--------------------|---|
| | Vitals | Temp | HR | RR | BP | |
| MOOD/AFFECT approp/non A&Ox3 Yes No | | | | | | NECK Soft Supple mass R L Node R L Shoddy |
| Skin Moist Dry Flaking | | | | | | SUBMAX Soft Mass Ptotic R L |
| Scalp Dry Flaking Oily Ulcers | | | | | | PAROTID Soft Mass Tendr R L |
| Voice Clear Hoarse Breathly | | | | | | THYROID Soft Large Nodule |
| Eyes EOMI PERRLA Entrap L R | | | | | | CRANIAL N 3-12 Intact Defect |
| REAC Clear Wax Dry Wet Pus Fungi | | | | | | TMJ Mobile Tender R L |
| LEAC Clear Wax Dry Wet Pus Fungi | | | | | | LARYNX Symetry Mass Nodule |
| RTM Pearly Dull Retract Perf | | | | | | Polyp Paralysis R L |
| AOM SOM Sclerosis | | | | | | LPR 1 2 3 4 5 6 7 8 9 10 |
| LTM Pearly Dull MEE Retract Perf | | | | | | LUNGS CTA Rhonchi Wheeze |
| AOM SOM Sclerosis | | | | | | HEART RRR Murmur Arrythm |
| NOSE Ext | | | | | | Lesion Shift R L |
| SEPTUM | | | | | | Straight Dev R L |
| | | | | | | Obstruct % |
| TURBINATES | | | | | | Pink Edema Enlarged |
| NSL MUCOSA | | | | | | Pink Red Rhinorrhea |
| | | | | | | Pus |
| LIPS | | | | | | Moist Dry Lesion |
| TEETH/GUMS | | | | | | Good Repair Edentu |
| | | | | | | Caries Inflamed |
| TONSILS | | | | | | 0 1 2 3 4 Pus/Exud |
| PALATE | | | | | | Healthy Narrow Long |
| TONGUE | | | | | | PinkRed Large Lesion |

Physician Signature _____